



Sewing
machine

How to...

Sew lock stitches

When we sew by hand, we always **start** and **finish** with a **DOUBLE STITCH**. It's no different with a sewing machine — we do the same and this is called a **LOCK STITCH**.



Don't forget to secure the beginning and end of your stitching with a lock stitch!

STEP 1

Start sewing for a few stitches on your machine.

STEP 2

Use the **reverse** lever to stitch **backwards** to where you started.

STEP 3

Release the **reverse** lever and stitch on as normal.

STEP 4

Stitch all the way to where you need to end then **reverse** for a few stitches. See if you can practice doing **LOCK STITCHES** on your practice pages.

